5st Grand Prix International de Moselle



French freedom Trophy - Bousse Cup

Saturday 5th October 2024



Venue: Sport Hall George Brassens - 19a, Rue de Metz 57310 Bousse France

ENTRY FORM (*Mandatory)				
Man's Firstname/Lastname*:		Man's date of birth':]
Lady's Firstname/Lastname*:		Lady's date of birth':		For Solo select Man or Lady
Contact Email*		Contact Phone :		
Club/School* :				
Representing Country* :				
COUPLES		BALLROOM	LATIN	General rules
Couple 2 dances "Start to dance"		sw-qs	CC-JV	
2 dances - U30	Age group U30 and younger	N°1	N°2	Age categories as follows:
2 dances - 30 and over	Age group 30+ and elder	N°3	N°4	Juveniles U12: under 12 years old (8-11) Juniors U16: under 16 years old (12-15)
Couple 3 dances "Pre-amateur - Débutant"	4 dances group allowed for same couple age category	SW-TA-QS	CC-RU-JV	Youth1 U19: under 19 years old (16-18) Youth2 U21: Under 21 years old (19-20)
3 dances - U12 & U16		N°5	N°6	Adult 19+: 19 years old and over (19-29) U30: Under 30 years old (16-29)
3 dances - U30	Age group U30 and younger	N°7	N°8	30+: 30 years old and over (30-69)
3 dances - 30 and over	Age group S1 to S5	N°9 □	N°10	S1: 30 and over years old (30-39) S2: 40 years old and over (40-49)
Couple 4 dances "Amateur - Intermédiaire"	5 dances group allowed for same couple age category	SW-TA-VW-QS	CC-SA-RU-JV	S3: 50 years old and over (50-59) S4: 60 years old and over (60-69)
4 dances - U12	4 dances - U16, allowed additionally	N°11 🗌	N°12	S5: 70 years old and over
4 dances - U16	4 dances - U19, allowed additionally	N°13	N°14	Both Competitors in the partnership must be within the age restriction
4 dances - U19	4 dances - 19 and over, allowed additionally	N°15 🗌	N°16	Adult age group: one competitor of the partnership must be within the age
4 dances - 19 and over		N°17 🔲	N°18	restriction
4 dances - 30 and over	Age group S1 to S5	N°19 🗌	N°20	U12/U16/U19 allowed to dance in the next
Couple 5 dances "Masterclass - Avancé - Internatio	nal"	SW-TA-VW-SF-QS	CC-SA-RU-PD-JV	ELDER age category 30+ to 70+ allowed to dance in the next
5 dances - U12 & U16	U16 couple: 5dances - U19, allowed additionally	N°21	N°22	YOUNGER age category
5 dances - U19	5 dances - 19 and over, allowed additionally	N°23	N°24	2 dances: only 2 dances group allowed 3 dances: 4 dances group allowed for same
5 dances - 19 and over		N°25	N°26	couple age category
5 dances - 30 and over "S1"	5 dances - 19 and over, allowed additionally	N°27	N°28	4 dances: 5 dances group allowed for same couple age category
5 dances - 40 and over "S2"	5 dances - 30 and over "S1", allowed additionally	N°29	N°30	No restricted syllabi
5 dances - 50 and over "S3"	5 dances - 40 and over "S2", allowed additionally	N°31 🗌	N°32	Competition clothes allowed For U12 age category it is highly
5 dances - 60 and over "S4"	5 dances - 50 and over "S3", allowed additionally	N°33	N°34	recommended to wear dance clothes whithout rhinestones and low heels
5 dances - 70 and over "S5"	5 dances - 60 and over "S4", allowed additionally	N°35	N°36	wildloat Hillestories and low needs
SOLOS		SOLO BALLROOM	SOLO LATIN	Notes
Under 12 "Juvenile"	Г	N°37 sw	N°38 🔲 cc	
	Single dance	N°39 🔲 ta	N°40 sa	No restricted syllabi
		N°41 ww	N°42 □ RU	Competition clothes allowed For U12 age category it is highly
		N°43	N°44 🔲 JV	recommended to wear dance clothes whithout rhinestones and low heels
		SW-TA-VW-QS	CC-SA-RU-JV	
	Open 4 dances	N°45	N°46	
Under 16 "Junior"	Г	N°47	N°48	
	Single dance	N°49	N°50 ☐ sa	
		N°51	N°52	No restricted syllabi
		N°53	N°54	Competition clothes allowed
		SW-TA-VW-QS	CC-SA-RU-JV	
	Open 4 dances	N°55	N°56	
SOLO 16 and Over "Youth - Adult and Under 30"	Г	N°57 sw	N°58 cc	
		N°59 TA	N°60 sa	
	Single dance	N°61 ww	N°62	
		N°63 🔲 qs	N°64	No restricted syllabi Competition clothes allowed
	L	N°65 sf	N°66 ☐ J∨	·
		SW-TA-VW-QS-SF	CC-SA-RU-PD-JV	
	Open 5 dances	N°67	N°68	
OTHER DANCES				
Open Salsa			N°69	
Open Bachata			N°70	
INFOS & REGISTRATION				

Couples (First competition included): Juvenile 15€, Junior/Youth 20€, Adult & Over: 30€, Additional competition 5€ - Salsa/Bachata one time fee 30€ - Solo: one time fee 15€ FlyMark

Infos & Contact: www.50nuancesdedanses.com - 50nuancesdedanses@gmail.com

Registrations: 50 nuances ded anses. com/Couple-registration - 50 nuances ded anses. com/solo-registration - 50 nuances ded anses. com/FlyMark-registration - 50 nuances ded anses. co